

Naming and Action Word Equivalency

1. There is an overactivity of yang

There is **unregulated energy** circulation

2. The Brain is the official residence of the original spirit

The blood brain barrier is the **connection** between the **brain** and **body**

3. Lung Qi

The **elastic** nature of the **lungs**

4. Qing Qi is atmospheric Qi that is inhaled and initiates Qi transformation via the lung.

The **Lung organ oxygenates** (or is the **oxygenator**) of tissue in the body

5. Overactive yang

Unregulated energy

6. Wei qi is a level of defensive qi

The skin is the first **barrier** in immune strength

7. Qi deficiency

Deficiency of **energy** could be described as; is weakened, is diluted, impoverished, diminished, energy

8. Liver qi stagnation

Disruption of liver energy

9. Spleen Qi weakness

spleen energy weakness

10. Reduced Qi circulation, movement or stagnation

Lack of **energy circulation**